

# Mustang Weekly

October 10-16, 2011



## School News

**PSAT & SPECIAL SCHEDULE THIS WEDNESDAY.** The PSAT will be offered to sophomores and juniors this Wednesday, **October 12th**. There will be a special schedule for seniors and those not taking the PSAT. The cost for the PSAT is \$15, payable at the bookkeeper's office.

## Extracurricular Activities

**HOMECOMING!** There will be spirit activities all week, including Roundup, the game, and the Homecoming Dance. Go Stangs! Don't miss out!

**STUDENT VOLUNTEERS NEEDED.** Volunteers are needed for Redmond Elementary's Family Fun Night on Tuesday, **October 11th** from 5:30–8:30 PM. They need help setting up, decorating, games, and cleaning up. Contact [Angie Ramirez](#) or call 425-936-2663.

**SPAM CLUB!** Do you like to skate on the other side of the ice? Are you more confusing than a mobius strip? Then SPAM Club is the club for you! Come join us as we plan for round-up!!! We need help with the mud pit for the big wrestling match **October 14th**. SPAM Club is meeting on **Wednesday** right after school in C216. Join our club or we'll beat you with it.

**DO YOU LIKE PHOTOGRAPHY?** Come join the Photography Club. We meet every **Thursday** after school in Room B110. We go on monthly outings to take pictures. No camera is needed – we have some you can borrow. If you would like more information, please see Ms. Swain in Room B110.

**NATIONAL HONOR SOCIETY TUTORING** is every **Thursday** from 2-3 in the Choir Room. FREE EXPERT HELP!!

**REFLECTIONS REMINDER.** This year's [Reflections](#) theme is " Diversity means...." and it is time to unleash your artistic talents. The categories are: Visual

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## RHS LINKS

[RHS Web Site](#)

[PTSA Web Site](#)

[Parent Access](#)

[Digital Sports](#)

Arts, Dance/Choreography, Photography, Literature, Film Production, Musical Composition. The last date for entries is **October 28th** so plenty of time to get your entries in. There are entry forms and a copy of the rules for each category in the RHS library, where there is also a portfolio for your completed entry. So, collect your entry form, consider the theme and be creative. Questions? Contact [Alison Johnson](#), Reflections Chair.

**GO STANGS!** Congrats to the [golf team](#) for your victory!

**CONGRATS!** Congratulations to junior Jillian Roels, who has received a [Brotherton Community Champion](#) award for making a positive impact on the community!

## College & Career Planning

**PSAT THIS WEDNESDAY!** The official [PSAT](#) will be offered at RHS this Wednesday, **October 12th**. The price is \$15 and can be paid at the bookkeeping window until **October 11th**. This national exam that is the first step in the college admission process. It is also used to qualify students for the [National Merit Scholarship Program](#). All sophomores and juniors are encouraged to take the exam. This will be the **ONLY** date the test will be offered at RHS. Students will not need to miss classes to take the PSAT, as school will be on a special schedule that day. Note that if your student took the PSAT as a sophomore, they **MUST** take it again as a junior, because only juniors' PSAT scores are used for National Merit and other scholarship programs. Download more info about the PSAT from the [RHS web site](#).

**COLLEGE VISITS.** College visits give students the chance to meet with an admissions officer and learn more about college opportunities. Please sign up in the Career Center to attend a college visit. Check the [Career Center](#) web site for more information.

College visits for the week of **October 10:**

### Monday, October 10

7:00 AM [Northeastern University](#)  
7:00 AM [New York University](#)  
2:00 PM [Cornish College of the Arts](#)  
2:00 PM [University of Portland](#)

### Thursday, October 13

7:00 AM [Linfield College](#)  
7:00 AM [Tufts University](#)  
2:00 PM [University of the Pacific](#)  
2:00 PM [Western Washington University](#)  
2:00 PM [Harvard University](#)

### Friday, October 14

7:00 AM [University of Chicago](#)

7:00 AM

[St. Olaf College](#)

**WEST POINT INFO SESSION.** For sophomors and juniors, the [United State Military Academy at West Point](#) is holding an admissions information meeting on **October 23rd**, from 2:00-4:00 PM at the Washington State Convention Center. This is a perfect time to get information on the steps required to apply to an Academy. Please [RSVP](#) if you plan to attend.

**HUGH O'BRIEN LEADERSHIP SEMINAR.** The [Hugh O'Brien](#) Leadership Seminar offers unique leadership training, service-learning and motivation-building experiences for sophomores. 9,000 students participate annually across the US. For Washington residents, it is held from **May 31st–June 3rd** at Cornish College of the Arts. RHS is able to nominate one sophomore to attend. If interested, see Mrs. Davidson in the Career Center.

**COLLEGE ESSAYS: WRITE TO WIN.** How do you write successful college entrance essays? What techniques can you use to submit a college application that works? Learn practical strategies to put together a winning application, find out what colleges are looking for when they evaluate essays and get ideas on how to generate a narrative that will get you noticed. Sammamish Library, Tuesday, **October 18**, 7:00 pm [Registration required](#).

**COLLEGE PRACTICE TESTS.** The RHS PTSA will continue to offer college practice tests this year. Remember, these are **ONLY** for students to practice. These tests are **NOT** submitted to colleges and cannot be used for scholarships or college admission. These full-length practice tests are administered by the Princeton Review and test results are provided back to the students in the form of a detailed Score Report that identifies individual strengths and areas for improvement. [Registration Forms](#) for the practice tests are posted on the PTSA web site. The remaining PTSA practice tests for the year will be held on:

Fall Practice ACT: Saturday, November 12th  
Winter Mock SAT: Saturday, February 25th  
Winter Practice ACT: Wednesday, March 14th

**SAT MATH TUTORIAL.** Need a little more focused help getting ready for the math section of the SAT? The City of Redmond will be holding a math prep course from **November 1-29**. The course will cover all the basics including Operations, Algebra, Functions, Geometry, Data Analysis, Statistics and Probability. Students complete five practice sections with step by step solutions on missed problems. The cost is \$125 (resident) or \$150 (non-resident). Register at the [City of Redmond](#) web site. Registration # 38151

## Senior Info

**UW HONORS PROGRAM INFO SESSION.** Seniors, the University of Washington [Honors Program](#) is hosting admissions information sessions for students and parents. You will be able to get an overview of the Honors Program and the requirements, walk through the admissions process, and ask questions of students and faculty. It will be held from 6:30-7:30 pm in Kane Hall 110 on the UW-Seattle campus on Wednesday, **October 19th** and Thursday, **November 3rd**.

**SCHOLARSHIP BULLETIN.** There is a new [Scholarship Bulletin](#) available on the RHS web site.

**TICKETS ON SALE FOR GRAD NIGHT 2012!** Grad Night 2012 will be a safe, drug- and alcohol-free, all-night celebration that will be held on June 19, 2012. Tickets are now available by mail for only \$130. The price will go up after December 31st. To order your ticket now, complete the [registration form](#) and [release form](#), enclose both with a check payable to RHS Grad Night and mail to: Lisa Wylie, 24633 NE 72nd Street, Redmond WA 98053. Questions? Contact [Deena Polk](#) or [Lisa Wylie](#).

## PTSA & Parent Education

**LIFE AFTER HIGH SCHOOL: THE MONEY MAZE & SCHOLARSHIP MARKET.** Parents, join staff at the Redmond Library for a [workshop](#) that will give you the ins and outs of college finance. You'll learn about all the pieces of the financial aid puzzle. This program will also explain how "need" is calculated, and offer advice on how to maximize your chances for financial aid. Also learn how to apply for private scholarships and how to use the new scholarship matching web site, [theWashboard.org](#). The workshop will be held on **October 12th** at 6:30 PM at the Redmond Library in Meeting Room 2. Sponsored by Friends of the Redmond Library

**FINDING KIND: A DOCUMENTARY ABOUT FEMALE BULLYING.** Mothers and daughters are invited to view a very powerful film about the impact of female "meanness" on **October 15th** from 2:30 to 5:00 PM. Screening of the film will be followed by a mentor-led discussion. Light refreshments will be served. Tickets can be purchased from [Event Brite](#). Pre-registration ticket price is \$10 plus a \$1.54 fee. Tickets at the door are \$15. Brought to you by the Women's Sports Foundation Go Girl Go Seattle in partnership with the City of Redmond

**SUPPORT OUR SCHOOL LIBRARIES!** Do you shop at Amazon? If so, every purchase you make can benefit LWSD school libraries and the Lake Washington Schools Foundation. Just go to the [LWSF home page](#). From there, click on the Amazon link. Then, for every purchase you make, 7% will be donated to LWSF and our school libraries.

**COUPON FOR EVERYTHING PARTY!** Buying supplies for Halloween and your holiday parties? If you shop at [Everything Party](#) in Redmond, take advantage of this 20% off [coupon](#) and Everything Party will donate 10% of your purchase price to the PTSA Senior Class Baccalaureate fund. Please tell the cashier at the beginning of your transaction to ring it up under Redmond High School. What an easy way to help us raise money to support this event which is funded entirely by donations.

## Parent Volunteer Opportunities

**PARENTS, DO YOU USE MATH IN YOUR LIFE?** Teacher David Peabody, who teaches a new class called *Math in Art, Technology, and History* this semester, is looking for adults who use Math in their line of work, even if it isn't specifically Art, Technology, or History. If you do, he'd like to learn what you do and perhaps

ask you to be a guest in the class. Please visit Mr. Peabody's [web site](#) for more info or contact him at [dpeabody@lwsd.org](mailto:dpeabody@lwsd.org).

**DECA NEEDS VOLUNTEER JUDGES.** On Tuesday, **October 25th**, more than 1,500 Washington DECA students from around the state will participate in a mock competition program at the Fall Leadership Conference in Bellevue. Washington DECA is seeking 200 judges to make this event a success. Can you help? Please download the Mock Competition Registration Form from the [WA DECA](#) web site and return it by October 18.

## RHS School Calendar

10.10.2011	<a href="#">RHS - Homecoming Spirit Week</a>
10.11.2011	<a href="#">RHS - Homecoming Spirit Week</a>
10.12.2011	<a href="#">RHS - Homecoming Spirit Week</a>
10.12.2011	<a href="#">RHS - PTSA Board of Directors Meeting</a>
10.13.2011	<a href="#">RHS - Homecoming Spirit Week</a>
10.14.2011	<a href="#">RHS - Homecoming Spirit Week</a>
10.15.2011	<a href="#">RHS - Homecoming Dance</a>

## Sports Calendar

For more details, please check [KingCo Athletics](#)

### Monday, Oct 10, 2011

6:00pm	Football: JV Game	@ Issaquah
6:30pm	Soccer: Girls C Team Game	Vs. Juanita

### Tuesday, Oct 11, 2011

3:00pm	Swim & Dive: Girls Varsity & JV	Vs. Roosevelt
3:45pm	Tennis: Boys Varsity Conf Match	@ Inglemoor
3:45pm	Tennis: Boys JV Conf Match	Vs. Inglemoor
5:30pm	Soccer: Girls JV Conf Match	@ Newport
5:30pm	Volleyball: JV Conf Match	@ Issaquah
5:30pm	Volleyball: C Team Conf Match	@ Issaquah
7:00pm	Volleyball: Varsity Conf Match	@ Issaquah
7:30pm	Soccer: Girls Varsity Conf Match	@ Newport

### Wednesday, Oct 12, 2011

4:00pm	Cross Country: Varsity & JV Conf Meet	Vs. Eastlake, Issaquah, Newport @ Redmond
5:00pm	Soccer: Girls C Team Game	Vs. Ballard

### Thursday, Oct 13, 2011

3:30pm	Swim & Dive: Girls Varsity & JV Conf Meet	Vs. Skyline @ Boehm Pool
3:45pm	Soccer: Girls JV Non-Conf	@ Bear Creek
3:45pm	Tennis: Boys JV Conf Match	@ Eastlake
3:45pm	Tennis: Boys Varsity Conf Match	Vs. Eastlake
5:30pm	Volleyball: JV Conf Match	Vs. Newport
5:30pm	Volleyball: C Team Conf Match	Vs. Newport
5:30pm	Soccer: Girls JV Bye	Redmond
7:00pm	Volleyball: Varsity Conf Match	Vs. Newport
7:30pm	Soccer: Girls Varsity Bye	Redmond

### Friday, Oct 14, 2011

7:00pm	Football: Varsity Conf Game	Vs. Newport
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## Community Digest

**FALL CLASSES THROUGH THE CITY OF REDMOND.** Want to learn guitar, drumming, or DJ'ing? The City of Redmond is offering classes in many different areas. Register at the [City of Redmond's](#) web site.

- **Beginning Guitar and Music Theory: October 11 - November 22.** Cost is \$42/ \$50. Registration # 38149
- **Drumming 101: October 11- November 8.** Cost is \$42/ \$50. Registration #38150
- **DJ'ing 101: October 18-November 15.** Cost is \$55/ \$66. Registration #38150
- **[Competitive Writing](#): October 11-November 19, 6-8pm.** FREE. Registration # 38152

**OLD FIRE HOUSE CONCERT!** The Old Fire House celebrates a cadre of local bands this month bringing out the best of best of local young musical artists in our area: Friday, **October 14th** at 8 PM, Master Mahan, This is Your Captain Speaking, Get Em' Tiger, Cost: \$7

**THRILLER RETURNS!** Always wanted to be a zombie? Then practice your moves for the third annual "[Thrill the World](#)" benefit at Redmond Town Center on Saturday, **October 29** from 4:00-7:30 PM. All proceeds will benefit [SecondStory Repertory](#). Need to learn the dance moves to "Thriller?" There will be workshops at 10:00 AM at the Redmond Senior Center on Saturday **October 15** and at the Old Redmond Schoolhouse Community Center on **October 22**.

**GIRLS UNLIMITED 2011-12.** What if Girls Ran the World? Find out at Session 1 of [Girls Unlimited](#) on Saturday, **October 15th** from 10:00-2:00: Taking Charge! Learning to Lead. Hear the stories from female leaders in our community who have made a difference. This will be a great opportunity to be with other young women and experience their story about being a girl in the world today. The

registration fee of \$10 includes lunch. Scholarships are available. Contact [rypac@redmond.gov](mailto:rypac@redmond.gov) for more info. Register at: [www.Redmond.gov/econnect](http://www.Redmond.gov/econnect). (Session 1 course # 38942)

**OPEN MIC NIGHT.** On Saturday, **October 15th** from 7pm-10pm, stop by the Old Fire House Teen Center for a night of acoustic acts, spoken word, monologue performances, singer song-writer debuts and much more. Everyone ages 13 -18 signed up will be eligible to perform 1-3 pieces. The top performance of each night will get a spot at a Live Friday show at The Old Fire House. For more information or to sign up please email [Samantha Smith](mailto:Samantha.Smith@redmond.gov). Cost: Free.

**REDMOND LIGHTS VOLUNTEERS NEEDED.** Would you like to help welcome the holiday season at the [Redmond Lights Festival](#)? The City of Redmond has many exciting opportunities for volunteers. The festival is scheduled for Saturday, **December 3rd** and volunteers are needed throughout the day. There is something to suit everyone! Please contact [Florence Wong](#).

**HOST AN ITALIAN STUDENT: A CULTURAL EXCHANGE OPPORTUNITY.** Ergon, in partnership with NorthWest Student Exchange, is seeking families to host a 16-17-year-old Italian exchange student for a semester or year. Italian families are in turn happy to host your child during summer vacations. Ergon specializes in rigorous selection criteria insuring that students are reliable, responsible and motivated, and carefully matches students with host families. Ergon exchange students are proficient in English and have previously attended Mercer Island, Garfield, Roosevelt and Ballard High Schools with positive experiences for students and families alike. Past and present host families are our best references and would be happy to share their experience with our program with you. Exchanges offer students the opportunity to experience a different culture and build international bridges through friendships and knowledge. For further information, please email [Gunnel Tanimoto](#), Seattle coordinator.

## Community Partners

**THANK YOU TO OUR CORPORATE AND COMMUNITY PARTNERS!** RHS PTSA, staff, and students wish to gratefully acknowledge our [community partners](#) for their support in helping us advance our mission and fund critical programs that support our teachers and students. Our community partners include:

**FRESHMAN LEVEL** (\$100-\$250):

[Best In Class Education](#)

[Iron Age Designs](#)

**SENIOR LEVEL** (\$1,000-\$1,500):

[SAT Prep](#)

Welcome to our new partners at the Freshman Level:



[Discover Yoga](#) was established in 1997. Since its inception, the teachers and staff have been committed to serving our students through instruction of yoga postures and breathing techniques as well as the history and philosophy of Yoga. During your time at Discover Yoga it is our

intention to guide you to the door of your personal journey as you discover this ancient art and science of movement, breath and meditation. As you continue to practice Yoga, you may begin to experience the profound changes that affect how you see yourself, others and the world around you. This transformation is at the very heart of Yoga. We hope you will join us, step by step, on this path of self-discovery through the joy of Yoga.



[Regal Financial Bank](#) proudly serves as your local lender.

We pride ourselves on our abilities to act quickly to tailor our services to meet your needs. We offer a complete selection of business and executive loan services, designed to assist you as you follow your path to success. We also offer a variety of accounts and banking services for individuals and businesses, as well as free online banking.

Thank you community partners! Download our community partnership [invitation](#) to learn how you, too, can become a partner: benefits, partner levels, and why your support is so important to us!

**Mustang Weekly** is published by the Redmond High School PTSA. Contact us at [rhs.ptsanews@gmail.com](mailto:rhs.ptsanews@gmail.com). For more information about the PTSA, please visit our web site at [www.redmondhsptsanews.org](http://www.redmondhsptsanews.org).